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POELLATH advises LifeFit Group on acquisition of In Shape fitness chain

The LifeFit Group has acquired the In Shape fitness chain. Together with Martin Seibold, CEO of LifeFit Group, In Shape founders Nico Scheller and Michael Schetter will continue to manage the brand.

With the acquisition of the [In Shape](#) fitness chain, [LifeFit Group](#) is taking over a local market leader in order to close regional gaps in the south of Germany and to broaden its offering. The LifeFit Group thus expands its portfolio and continues its expansion strategy.

Established in the region between Stuttgart and Ulm, In Shape comprises 13 fitness studios with more than 15,000 members and 300 employees.

POELLATH provided comprehensive legal advice to the LifeFit Group with the following Munich team:

- Dr. Frank Thiäner (partner, M&A/private equity)
- Dr. Tim Junginger (counsel, private equity)
- Andrea Streifeneder (senior associate, private equity)
- Jonas Rohde (associate, private equity)

About us

POELLATH is a market-leading international business and tax law firm with more than 150 lawyers and tax advisors in Germany. We stand for high-end advice on transactions and asset management. We offer legal and tax advice from one source. In our selected and highly specialized practice groups, we not only know the law, but shape the best practice in the market together with our clients. National and international rankings regularly list our professionals as leading experts in their fields.

We offer comprehensive service in the following areas: Mergers & Acquisitions | Private Equity | Venture Capital | Private Funds | Real Estate | Corporate and Capital Markets | Finance | Tax | Private Clients | Foundations and Non-Profit Organizations | IP/IT, Distribution and Antitrust Law | Litigation and Arbitration.